

# Schedule

## 200HR Circle Yoga Teacher Training Sept 2023 - Sept 2024

The 2023-24 Circle Yoga Teacher Training (CYTT) includes **17 program weeks**, meeting Wednesday evenings and Saturday and Sunday afternoons. CYTT is a hybrid program giving trainees the flexibility to participate online or in-person, as best fits their schedule. In the interest of creating opportunities for the whole group to be together on one platform and have access to out-of-town teachers, up to 40 hours of the training will be fully online. Below is the general program schedule for the 2023-24 program year.

**Wednesdays:** 6:00-8:15 p.m.

**Saturdays:** 1:00-6:00 p.m.

**Sundays:** 1:00-5:30 p.m.

### Program Weeks

#### 2023

1: September 27, 30, October 1

2: October 11, 14, 15

3: October 25, 28, 29

4: November 15, 18, 19

5: November 29, December 2, 3

9: February 21, 24, 25

10: March 6, 9, 10

11: March 13, 16, 17

12: April 3, 6, 7

13: April 17, 20, 21

14: May 1, 4, 5

15: May 15, 18, 19

16: June 5, 8, 9

*Summer months: Private session with trainer, homework, and service projects*

17: September 4, 7, 8

#### 2024

6: January 10, 13, 14

7: January 24, 27, 28

8: February 7, 10, 11