



Summer Session

June 24 - August 25

Join us at any point during Summer Session.
Registration fees are prorated each week.

Enjoy unlimited access to our video library.
Students registered for 2+ classes a week have access to hundreds of recorded classes.

See the most up-to-date schedule at circleyoga.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Yoga Level 1-2 8:45-9:45 am (Krista)</p> <p>Yoga Level 1 9:00-10:00 am (Debbie)</p> <p>Flow Level 2 10:30-11:30 am (Stephanie P.)</p> <p>Yoga Level 1 12:00-1:00 pm (Linda)</p> <p>Accessible Yoga 4:00-5:00 pm (Angelique)</p> <p>Mindfulness Meditation 6:00-8:00 pm (OHMC)</p> <p>Flow Level 2 6:30-7:30 pm (Jen)</p> <p>Yoga Level 1 7:00-8:00 pm (Linda)</p>	<p>Flow Level 2 10:00-11:00 am (Alice)</p> <p>Gentle Yoga 10:00-11:15 am (Mercedes)</p> <p>Yoga Level 1-2 10:30-11:30am (Anne K.)</p> <p>Strength and Conditioning 12:00-1:00 pm (Krista)</p> <p>Gentle Yoga 5:00-6:00 pm (Alex)</p> <p>Prenatal Yoga 6:00-7:00 pm (Tamar)</p> <p>Stretch, Strengthen and Align 6:15-7:15 pm (Alex)</p> <p>Flow Level 1-2 7:00-8:00 pm (Stephanie M.)</p>	<p>Mindfulness Meditation 7:00-8:00 am (OHMC)</p> <p>Yoga Level 1 9:00-10:00 am (Rachel)</p> <p>Yoga Level 1-2 9:00-10:15 am (Leyla)</p> <p>Flow Level 2 10:30-11:30 am (Rachel)</p> <p>Gentle Yoga 10:30-11:30 am (Leyla)</p> <p>Pilates Level 1 4:30-5:30 pm (Delores)</p> <p>Yin Yoga 6:30-7:30 pm (Yael)</p> <p>Yoga Level 1 7:00-8:00 pm (Linda)</p>	<p>Pilates Level 1-2 9:00-10:00 am (Julie)</p> <p>Yoga Level 1 10:30-11:30 am (Linda)</p> <p>Yin Yoga 11:30-12:30 pm (Rob)</p> <p>Yoga for Balance and Stability 12:00-1:00 pm (Delores)</p> <p>Yoga Level 1-2 5:30-6:30 pm (Sumana)</p> <p>Strength and Conditioning 6:00-7:00 pm (Bretton)</p> <p>Prenatal Yoga 6:30-7:30 pm (Stephanie P.)</p> <p>Flow Level 2 7:00-8:00 pm (Rebecca)</p>	<p>Yoga Level 1-2 7:30-8:30 am (Rachel)</p> <p>Strength and Conditioning 8:45-9:45 am (Krista)</p> <p>Yoga Level 1 9:00-10:00 am (Alex)</p> <p>Flow Level 2 10:30-11:45 am (Alice)</p> <p>Flow Level 2-3 10:45-11:45 am (Jen)</p> <p>Baby and Me Yoga 12:00-1:00 pm (Tamar)</p> <p>Mindfulness Meditation 12:00-1:00 pm (OHMC)</p> <p>Restorative Yoga with Sound Bowls 6:00-7:00 pm (Eloise)</p>	<p>Flow Level 2 7:00-8:00 am (Kerensa)</p> <p>Yoga Level 1-2 8:30-9:45 am (Anjali)</p> <p>Yoga Level 1 9:00-10:00 am (Delores)</p> <p>Yoga Level 1 9:00-10:15 am (Mercedes)</p> <p>Flow Level 2 10:30-11:45 am (Wendy)</p> <p>Supportive Yoga for Larger Bodies 11:00 am-12:00 pm (Michelle)</p>	<p>Pilates Level 1 9:00-10:00 am (Julie)</p> <p>Yoga Level 1 9:15-10:15 am (Angelique)</p> <p>Iyengar Yoga All Levels 10:15-11:30 am (Linda)</p> <p>Prenatal Yoga 10:15-11:15 am (Stephanie P.)</p> <p>Flow Level 2 10:30-11:45 am (Rebecca)</p> <p>Yin Yoga 10:30-11:30 am (Angelique)</p> <p>Yoga Level 1-2 11:00 am-12:00 pm (Rob)</p> <p>Gentle Yoga 11:30 am-12:30 pm (Camille)</p> <p>Yoga for a Healthy Back 5:00-6:00 pm (Bonnie)</p>

Join us for
Circle Yoga Summer Camp!

Most classes are hybrid, offered both in-studio and via Zoom. Classes marked with an IP are in-person only. Classes marked with a V are virtual-only. Those marked with an O are offered through Opening Heart Mindfulness Community — visit www.openingheartmindfulness.org.